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Check out Lance's story and sculptures on page 5

For Karina and Samahl's story see page 5 &6

The Meeting Place introduces Tanya on page 17

PRESIDENT'S REPORT

Spring 🌼 has well and truly started. Wildflowers, buzzing bees and warmer days are here. Hopefully the whole of Australia will be able to get out and about soon.

In August, we held our first online Zoom Information day with a few of our professional advisors speaking on various topics. Attendees were able to regiser for free through Eventbrite, then log on and join us. Zoom gave people the flexibility to stay for the whole day or just log on for the session that they were interested in. Thanks to Pieta and Michael for making the whole day a success. We look forward to having more in the future.

November 10 brings about our AGM (Annual General Meeting) where members will vote for the next working committee to operate AusDoCC. We are all volunteers who have particular roles and jobs to do in order to ensure the running of AusDoCC. If any members are interested in having a role and being part of the next committee, we welcome you to nominate. More details to come.

I hope everyone has enjoyed our movie Monday premiers and Tuesday Top Tens. All members should be receiving a Birthday card throughout the year, featuring Karina Bustillo's lovely design on the cover. If you are a member and you or your child have not received a card please contact Niki at our email address listed below.

Two brand new chat groups are currently being run for Adults with ACC but keep an eye out for our other Zoom projects that are in the pipeline. Fingers crossed for actual face to face gatherings soon.

If you need to chat we are always here to listen and help if we can, just drop us an email at info@ausdocc.org.au and either Tanya or myself will get back to you.

Love and Light
Tina. x

Paediatric Occupational Therapy and Corpus Callosum Disabilities

Written by Clare Keogh, Paediatric Occupational Therapist, with ACC, Dandy-Walker Syndrome and Autistic.

Occupational therapy provides strategies and supports to assist people to do the things they need and want to do, taking into account how this is affected by their personal characteristics and the spaces they inhabit in their daily life. For example, a school-aged child does schoolwork and plays in the playground at school, helps out with household chores and plays with their siblings at home, and might go to sports training and matches or music lessons and performances in the community.

A disabled child such as a child with corpus callosum disability will have more difficulties with parts of those tasks than a typically developing child. What parts of the tasks they struggle with depend on the individual child's personal characteristics, including whether they have any co-existing disabilities. Therefore, an occupational therapist's suggestions for each child will be different.

As an occupational therapist with Agenesis of Corpus Callosum and other disabilities, I believe it is important to remember that children develop on their own timeline. There is no 'right' way of developing skills – there's only the best way for each individual. This needs to be front of mind when we're teaching children a new skill. We should be aware of *why* we're teaching the new skill – is it so they "fit in" with their peers, or is it because it will actually help them grow into their best selves?

With that in mind, some areas that a child with ACC might struggle with that a paediatric occupational therapist could help with include:

- **Executive functioning** – the fancy name for thinking skills, problem solving, memory, task processing and understanding time.
    - Written or visual schedules to support regular routines are really helpful, here, as they assist our understanding of what to expect, which can reduce anxiety.
    - Allowing extra time to support task processing is also important.
- **Sensory processing** – the way we organise, interpret and respond to sensory information from our <u>eight</u> sensory systems
    - These are the well-known five (touch, hearing, sight, smell, taste) plus three extra; our sense of balance and movement (vestibular), our sense of where our body is in space (proprioception) and our sense of our internal cues like hunger/fullness, thirst, temperature, and awareness of needing to use the toilet (interoception).
    - Everyone, typically developing and atypical, has a sensory profile and sensory preferences. Helping children understand their personal sensory processing will assist them and the adults around them to know how their senses influence their behaviour and why they might struggle in different environments.

- **Gross motor skills** – the movement skills that use the big muscles of our arms and legs and core muscles; for example, running, climbing, and riding a bike.

    - There are smaller tasks which affect how we're able to do these, for example, our ability to coordinate our legs helps when we run or ride.
- **Fine motor skills** – the movement skills that use the small muscles of our hands and fingers, with some help from our arms and core muscles; everything from tying our shoes to writing and typing our name or eating using cutlery.
    - If our fingers find gripping things hard because of muscle weakness or stiffness, for example, these tasks become harder.
- **Arousal regulation development** – the way we regulate our internal body systems to pay attention and manage our reactions to different circumstances.
    - This may include **emotional regulation development**, the process of understanding our emotional expression and that of others.
- **Social awareness development** – the way we interpret, process and respond to social information provided from other people in our environment.
    - It is worth noting that variations between typical and atypical people in this area aren't deficits, but differences.
    - Developing social awareness does not come from learning set social rules as part of a training program, but from learning the importance of different social contexts, personal boundaries, and self-advocacy.
- **Play development, e.g. functional or imaginative play** – the way we interact with the world around us when at leisure.
    - There is no right or wrong way to play. Play is an important way of exploring and processing our environment.

Many of these skills are interconnected, and understanding the effects of one area on another can really assist children and the adults around them to create the best environment that helps children grow. For example, gross motor skills are the foundation for and support of fine motor skills, so working on or having accommodations for the former can often improve the latter.

Personally, I find the most interesting areas to work with are sensory processing, arousal regulation and executive functioning. This interest is built from my own experiences, as well as my professional understanding that these areas are the building blocks that form the foundation to other skills. For example, we shouldn't expect a child to be able to focus on writing if they're distracted by too much noise in their environment.

Evaluating my sensory profile through an occupational therapy lens has helped me understand how my sensory processing affects my arousal regulation and how to support it, including using executive functioning shortcuts such as daily schedules, to-do lists or planners, and timed reminders. Understanding how these skill areas overlap and affect me has helped me advocate for myself and find the strategies I need to live, work and play well in my daily life. In my work as a paediatric occupational therapist, I aim to support children and their families to develop this understanding and advocacy in their own lives.

By Clare Keogh,
Neurodivergent Paediatric Occupational Therapist

Autistic with Agenesis of Corpus Callosum and Dandy-Walker Syndrome
ClareAKeogh.OT@gmail.com

Karina's Family Story

As a family, we had always wanted to have a third child. We were all excited to learn we expecting a new addition to our family and eagerly awaited our scan so we could find out if we expecting a little girl or boy. Already having one of each, baby's older brother and sister both of course wanted the same gender as them. On the day of our eagerly awaited scan we were delighted to be expecting a little girl, but the sonographer's face soon became serious, and called in the doctor. There was some unexpected news- there was a part of our baby's brain that couldn't be seen. This was the day we learned about a corpus callosum, and that our expected little girl was going to be born without one.

The early days now feel like a blur. We didn't know what condition this meant for us, or what it would mean for our little girl. We listened to the specialists and searched the internet- and came across the AusDoCC group. What a relief it was to find people that had their own stories of their own lives and children with this same condition! It made the information seem more understandable, and we could see people living happy, full lives, rather than a collection of medical terms that seemed quite scary and overwhelming.

On the day Karina joined us we were all instantly in love. She looked so perfect! We watched her grow in wonder and joy for her first years. Her brother Raleigh is 10 years older than her, and her sister Samahl is nearly 8 years older. Karina always wanted to be just like one of the big kids, trying her hardest to keep up with them. It felt like she was never going to stay a baby for long, and she seemed determined to be grown up and do all the things they were doing.

Karina has to be the happiest sweetest little girl most people have ever met. She is kind and friendly and loves to have cuddles from the people she loves. She has started her first year of school this year, and her teachers tell us that she will try hard, even when things are a little more difficult for her.

Karina has been able to access NDIS early intervention and has been getting regular speech therapy which has helped her understand some concepts and has also been working on 2 and 3 step instructions. She also has a regular physiotherapist, to help he with her core strength, balance and muscle tone and we have been so happy to see her now becoming more confident on play equipment and trying things she might not have previously attempted, like climbing up ladders and jumping across rocks. Finally, the occupational therapist has done some great work helping Karina gain her independence, and she is getting more confident with things like washing and drying herself, dressing herself and brushing her teeth.

Karina asked to add to her story that her favourite things are dancing, art, playing with her ooshies and toys, and her cat, Ricky. She wants to help animals when she grows up and says that she will be a vet one day.

Hilary Bustillo

Samahl's Story

My name is Samahl, and like many other people, I have a younger sister named Karina. My little sister may seem like a regular kid, she likes to play with her toys, jump on the trampoline, annoy her siblings, but the way she acts may be a bit different to other kids. Karina has no corpus callosum, which is a part of your brain that helps sends signals for body parts to do things, like walking, colouring etc.: and Karina doesn't have that, so her brain needs to find another way to send signals.

Karina gets frustrated when things do not go right, so it can be a little difficult to teach her new things, but even getting frustrated, she is a very smart kid. Karina can't control her emotions very well, and can let them get the best of her. It can be a little annoying when she is crying because I said I was too busy to play with her, but I always try.

Though Karina can be difficult, I love her. She also has her golden times for example when she is reading a book, writing her name and even just her colouring inside the lines is always an achievement to her. It makes me so proud to see her go forward in life trying her hardest. Even though she knows it's going to make her upset and frustrated, she tries, and most of the times she succeeds, and that takes some truly great strength.

Karina has so much strength in her and I know that she is going to wake up one day and change the world because she has that power in her, it's just hard to see.

Edna Does ISO Home Schooling.

Well everybody, how about this ISO home schooling deal?

I am so looking forward to going back to school to see my real teacher. My mum is trying hard but she's no teacher. Trust me on that one. She doesn't even remember how to do joined up writing and she's forgotten her times tables. Really Mum? I am very fast now. My favourite is the 8 times tables. Six eights? Who got it?

And what about Zoom? I call it Zoom Zoom Zoom. Everybody is Zooming all over the whole world. We have been watching people singing together and we tried that with our class. We all sang really loud. Like really, really loud. Somehow it didn't quite sound the same. My dad came in and said, "Edna, are you jumping on the dog's tail?" Daaaaad!

We hope this corona virus gets knocked out soon or I will be jumping on its tail. I will be jumping on its head. Go away corona virus.

Be safe kids,

Edna

WORDSEARCH

AUSTRALIAN LIGHTHOUSES

D G R E E N C A P E E J D S A
E A T S Q F U V B B P N S C E
G S E N Q E W N I X A K L T A
V Z P H I U S L A L C N O A S
X Z F P G O D L S I Y Z N B T
K R B K L N P I H Q K D G L E
K C O R N O I T A R O T S E R
T X B O K W N M S H M A P C N
S J O F A I O R A R S G I A L
L D J N O E X D L L U C T P I
Z T R P H R D X F W V H C E G
R A F E E R A R R A P I T F H
W C H A R L E S P O I N T A T
F F U L B Y E S R E M I L S B
W O O D Y I S L A N D F G D J

BATHURST POINT
CHARLES POINT
EASTERN LIGHT
GREEN CAPE
LONG SPIT
MERSEY BLUFF
POINT HICKS
RESTORATION ROCK
SMOKY CAPE
TABLE CAPE
TIPARRA REEF
VLAMING HEAD
WARNAWI ISLAND
WOODY ISLAND

Can you find these words in the grid above? Places that have two words in the name eg: Green Cape, will not have a space between words in the grid. They may be forward, backwards, up, down or across. Good luck!

If you would like to send me your favourite photo, story or poem about Spring, please email it to ausdocceditor@gmail.com
before 30th December 2020 for inclusion in the next newsletter and please don't forget to put your name on it.

Late Diagnosis

My journey started last year, at age 39. After a series of MRI's due to back pain I found out I had a mysterious gap in my brain. The doctor ordered an MRI and that's when I was diagnosed with Dysgenesis of the Corpus Callosum on top of being diagnosed with, as yet unknown to me, brain damage. Not only that, I was separately diagnosed with OPLL which is a progressive disease that causes the ligament in my spine to calcify. So it's not a stretch to say that I was shocked. In the span of two months my life was flipped on it's head. I now questioned everything that had happened in my life up to that year.

I couldn't understand how this was never discovered or how I could have gone through life missing parts of my brain? These thoughts consumed me and the more I thought about it the more obvious it became and the more upset I got at my parents and all the "professionals" whose job it was to notice things like this.

Growing up I never felt like I belonged to anything. I was often bullied by other kids in school and sadly some adults because I didn't fit in or "act normal". I barely squeaked by in school and on more than one occasion teachers would tell my parents I was a lost cause because I had a very hard time focussing on and understanding schoolwork. There was an incident in school where the teacher actually joined in with other students in bullying me. I was even taken to a few psychiatrists who all said I was just hyperactive and prescribed ADD medication. Admittedly, most of the time I threw the medication away because I didn't understand why I had to take it. This type of behaviour went on all through school and even into college. If there was something I didn't understand I found my own way to work around it or I just didn't do it. As you can imagine this lead to a lot of the problems in my life. I remember one time my father was punishing me by making me dig a ditch and I got into even more trouble because I kept asking him why I was doing this instead of actually digging.

When I was in elementary school, one day, going home on the school bus I was again being bullied by seniors. Day after day I was pushed around, hit and even had things stolen and I never spoke up about it. But on this fateful day as they were picking on me by picking me up, one of them threw me against the bus and my head landed hard on a bolt head leaving me gushing blood from my scalp. Long story short, no one was ever punished and my paediatrician only wrapped my head in a bandage because living out in the country it was "the best they could do", which given what I know now leaves me very angry.

I have spent the last year dealing with these revelations, revisiting every event in my life and thinking "if only someone had done their job and I got the help I needed my life could have been better". I know it's not healthy to dwell on the past and I normally do my best not to, but learning something like this at what is essentially the halfway mark of life can really mess with your head. As a single person without anyone to lean on it's been really tough. There were moments that my mind went really dark and had my doctor not prescribed medication I likely wouldn't be here. Luckily, I started to look into groups on Facebook that share similarities to my life, where I eventually discovered support groups for people with ACC and brain damage. So through reading peoples' posts and asking a few questions of my own I've been able to piece together a good bit of information about ACC and just how it has and is affecting my life. But moving forward is going to be a struggle because even before last year my subconscious has tortured me daily with reminders of every mistake I've ever made and every shortcoming I have.

Thankfully I have found a hobby where I can essentially shut off my brain while I work, giving me the much needed escape from myself and the stress in my life. A few years ago I picked up a cheap rotary tool and some landscaping tree castoffs and started carving. I mainly carve walking sticks and canes but more recently I started to, pardon the pun, branch out and shape figures out of the wood. I go out to my little makeshift shop, sit in a thrift store chair where I feel comfortable and can spend hours listening to podcast or audiobooks while I grind into wood. A few weeks ago I had the idea to carve something that represented ACC but couldn't quite put the imagery together. Thankfully, I have the ACC Facebook groups because with their help I have been able to put together a few designs that I hope to start now that the weather here has finally started to cool off.

Lance

Publication of Angelina's story

Hi there, I thought I'd share this article that was published about our daughter Angelina. She has ACC & Microcephaly caused by a gene mutation called CASK. I wanted to raise awareness of her condition and give parents hope.

https://www.kidspot.com.au/parenting/real-life/reader-stories/miracle-baby-born-with-microcephaly-and-rare-congenital-disorder/news-story/f5efa69850c107a508f4eeb09bba883c

IMPORTANT DATES TO STICK IN YOUR DIARY

2020

10 November	Annual General Meeting (AGM)

2021

23 - 26 April	My People (tentative)

Annual General Meeting

The 2020, AusDoCC AGM will be held on November 10 at 7.30pm AEDST (Melbourne time). It will be an online meeting to elect our 9th Committee of Management and to present the annual report including the auditor's report.

All members are welcome to attend and nominate for a position on the committee. Details and links to register for attendance, nominate for committee or lodge a proxy vote will be sent to members at least 2 weeks before the meeting and be posted on social media.

Vacancies exist in the areas of:

- grant writing
- public relations
- fundraising,
- linking to services
- NDIS - advocacy (better recognition of DCC) and resources (information for parents and adults)
- volunteers coordinator
- parent rep in Sydney

If you are interested in any of those roles, please consider nominating. If you don't wish to be on Committee but would be interested in leading or assisting with them, please get in touch. (info@ausdocc.org.au

ausDoCC
australian disorders of the corpus callosum

This month

at the *'Meeting Place'* we meet

Tanya Carroll

Where do you live?	Tully, Far North Queensland	**How old are you?**	46
My DCC diagnosis:	Cavum Septum Pellucidum	**When were you diagnosed?**	8/7/1974 AND MRI in late 2001

Q. What is one of or some of your biggest challenges with your CCD (Corpus Callosal Disorder)

A. I sort of knew when I was a young child that there was something wrong with my brain. When I got to high school my world, as I knew it, changed. I had trouble with my school work because I couldn't put pen to paper at all and it took me longer to process stuff as well. Getting others to understand me and what I have been going through since I was born has been difficult. Having a major car accident early 2006 changed my world again. It also presented challenges for me to overcome.

Q. What do you like doing?

A. Dancing, listening to music, watching movies, driving my ute and connecting with others.

Q. What/ who are your main supports for you with your DCC?

A. No one as I had to do it all by myself. I look so damn normal on the outside, like a normal person. I get a lady to come to my home once a week to help me tidy up my house. My husband is away working a lot and my 2 kids are over 18. At times they do not understand what my DCC means to me or even them.

Q. What do you do with your days?

A. Depending on how I feel each day, I could be sleeping most of the day. I drive into town to check the mail and go to IGA. I even drop my daughter off and pick her up from work.

Q. What are your interests?

A. Hard to say and I can't put it too words.

Q. What is something unique/special about you BECAUSE of your DCC, or otherwise?

A. I was told years ago by one of my Facebook friends that I am Special Unique & Love-able. Back then I sort of didn't understand what it meant as I was in a number of groups.

Also, when I see an odd post I put my two bobs worth in, plus helping others to make their day better.

Q. Do you have any pets? Tell me about them.

A. One dog named, Bella she is nearly 8 years old.
Our black and white cat name Fluffy, she is nearly 15 years old.
Our male ginger cat Name Wesley, he is 2 years old.

Q. If you could give one bit of advice to a child with a DCC who asked you for support, what would you tell them?

A. To be themselves. To watch and learn what is going on around you as there is going to be a lot more ups and downs and challenges to come. I was never really told about my conditions until much later in my life, when I was in my early 30's.

Q. If you could give one bit of advice to your child SELF to make things different/ easier, what would it be?

A. Just be oneself watch and learn how others interact with each other and ask questions.

Q. What is your favorite song, band, singer (or all of these) and why?

A. Wham, Barnes and his old band, Rocksett, 70's, 80's, 90's and 00's. I have way too many to put down. It was the sound of the music and the words put together to produce a song. Powerful wording and brilliant sounds can take a person to another place or time.

Q. Do you have any siblings? Tell me about them.

A. Well I am the 2nd and oldest daughter. I have an older brother David, who is 18 months older than me. Then I have a younger Sister Kellie, who is 4 years younger than me. My baby Brother Nathan is 10 years younger than me and we don't talk much anymore.

Q. Was there anything you wished you would be or do when you grew up? Has it happened?

A. Well yes, I got married 21 years ago and I also had 3 children. I thought neither would happen when I was growing up.

Q. What is your favorite movie or TV show (or both) and why?

A. Snowflakes, A-Team, Night Rider. I just have too many to think of, it's hurting my brain too put them all in.

This is me

Because of the restrictions imposed on us or by the coronavirus, we were fortunate to get a "Linkages and Capacity Building" grant from NDIA to develop some online programs. We chose to subscribe to the zoom platform because it is being used in many places and is very user-friendly.

To date we have launched the following programs:

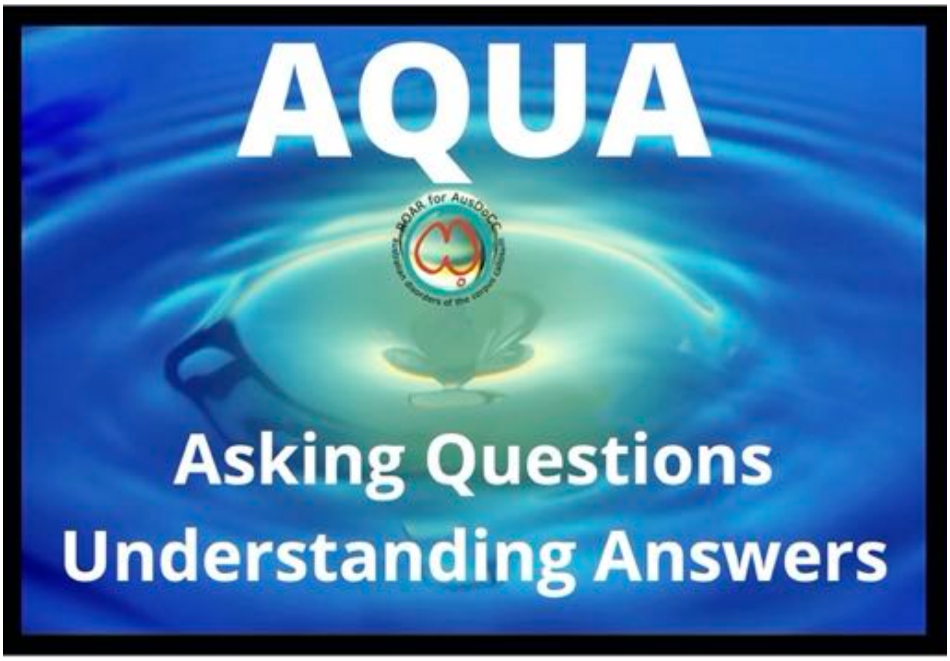
1. Committee zoom skills training
2. Adults with a DCC Zoom skills training (more to come)
3. Peer leadership and support training for committee
4. Peer leadership and support training for adults with a DCC (more to come)
5. The over 40s AusDoCC Chat Group – for all adults with a DCC who are over 40 (2nd Thursday of the month at 7.30pm, Melbourne time)
6. ACC under 50s Meetup on Zoom - for all adults with a DCC who are under 50 (2nd Saturday of the month at 7.30pm, Melbourne time)

Zoom skills trainings are available in a group or individually and can be set for any level. They are held with our IT gurus, Andrew and Lacey.

Please let us know if you would like to join in a training. You can ask as many questions as you like about using Zoom in a training session.

We will also hold more peer support and leadership sessions with Malcolm Mayfield if people are interested.

Future Zoom Programs



AQUA – Asking Questions, Understanding Answers.

AQUA MOTTO – there's no such thing as a silly question.

WHAT IS AQUA?

Aqua is a program that will involve a series of monthly sessions where the Zoom audience can ask questions to a trusted professional. It will be up to 60 minutes and be held at 1pm (Melbourne time) on the third Tuesday of each month.

WHAT HAPPENS IN A SESSION?

To begin, we will introduce one of our trusted DCC professionals who will give some information on themselves and their area of work. Next they will answer questions that have been pre-submitted and then they will be available to answer live questions from the audience.

The first program is for adults with a DCC but after we have road-tested it and we have people to facilitate programs, we will expand to other groups such as parents, teens, partners and other family and friends.

WHO WILL ANSWER OUR DCC QUESTIONS?

Professionals who have agreed to participate at this stage include:

Dr Natasha Alexander – Sexuality & Relationships (Brisbane)

Dr Lynn Paul – Psychosocial Aspects (California)
Dr Monica Cooper – Developmental stages (Melbourne)
Professor Gail Robinson - Psychology (Brisbane)
Catherine Phan – Occupational Therapy – (Melbourne)
Clare Keogh – Occupational therapy & Lived Experience (adult with a DCC)
Alexandra Devine – adults with disability & employment
Dr Megan Spencer-Smith – cognitive and behavioural functioning
We have invitations pending with more key DCC professionals and are happy to approach others you may like to recommend.

Other Zoom programs in the pipeline

1. Social and information groups for parents.
2. Teens online group.
3. Information sessions.

AusDoCC's 1st Online Information Session

Sunday August 23

Information days provide an opportunity to get together and learn about disorders of the corpus callosum, the basics and any updates in the research. After having to cancel all the face-to-face events this year, the committee decided to venture into the online world and hold the first Online Information Session. We heard from three of AusDoCC's scientific advisors, A/ Prof Paul Lockhart, Dr Megan Spencer-Smith and Dr Lynn Paul, who joined us all the way from the USA. Louisa Di Pietro from the Genetic Support Network of Victoria shared information about genetics and genomics and the session ended with a presentation by Clare Keogh, a paediatric OT based in Melbourne. Clare spoke of her own lived experience of being neurodivergent and growing with ACC, along with sharing the insights that her experience have provided her within her work with kids.

A big thank you to all involved and a special thank you to the attendees who completed the feedback survey. Your responses help the volunteer committee understand the things you would like to hear more of and how we should go about things. Many of you asked for more lived experience presentations and strategies for managing day-to-day life with ACC after finding Clare's talk so meaningful. Your feedback is valued and yes, we will add breaks into the next online event!

We hope to Zoom along with you soon.

With thanks,

Pieta Shakes
Grants Officer

ARE YOU OVER 40, HAVE ACC AND WOULD LIKE TO JOIN IN A ZOOM CHAT WITH OTHERS?

You can join the

The Over 40's AusDoCC Chat Group

***TIME:* 7.30pm EST** (Melbourne time)

DATE: 2nd Thursday of every month

Hosted by
Steve Gavin & Margaret Krutli

AUSDOCC ZOOM MEETUP

UNDER 50'S ACC MEET UP ON ZOOM

CONTACT
MICHAEL SHANAHAN OR MEG GALOS

7.30pm AEDST (Melbourne)
2nd Saturday of every month

Michael's summary of the first under 50sx Zoom Meet Up

AusDoCC had its first meet ups for ACCers over 18 over Zoom, which was a great way for people all over the country to connect. We hope we will continue these monthly, even after we eventually resume in-person events in the future. This is an easy way for people separated by geography, and for now, COVID-19, to connect with one another. Information about future events will be emailed to members and posted on Facebook.

Margaret and Steve summarise the over 40s first Zoom Session

Margaret took the lead in hosting this chat. It was good to have Andrew in the background. With Andrew's input, we decided to have participants show the other participants the hobbies and activities they love doing.

We think this went well for a first time chat. There were a couple of no shows, and a couple of people were very reticent, as is only to be expected in a group getting together for the first time. On the other hand, a couple of others were quite talkative and enthusiastic.

We have suggested that next time, participants talk about their hobbies and activities. I think it is important to have some sort of theme. It is possible we will run out of themes or subjects of common interest at some point. However, all we can do is give it a go!

After all, we are all in the ACC boat together!

BRAIN SELLS SHOP

You can order AusDoCC merchandise at www.ausdocc.org.au/shop

MEET THE AUSDOCC COMMITTEE

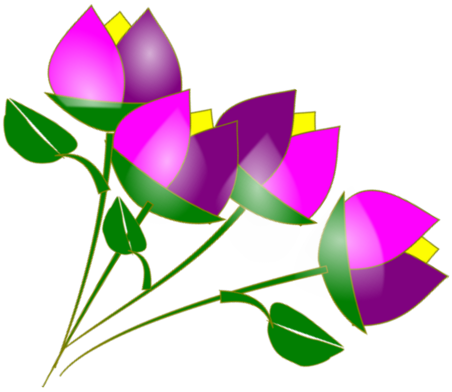
Kristina Coburn
AusDoCC President, Social Media Officer

Maree Maxfield
AusDoCC Secretary, Website Officer

Maja Palacios
AusDoCC Treasurer, Design Officer

Niki Harrison
Vice President, Sponsorship Officer

Abbie Kinniburgh
Adult Programs Officer



Michael Shanahan
Research Officer

Tanya Smith
Volunteer's Coordinator

John Jonker
Community Fundraising Officer

Anna Uther
Peer Support Officer

Pieta Shakes
Grants Officer

NOTE FROM THE EDITOR

Thanks again to everyone who contributed articles to this edition of the newsletter and to the team behind the scenes who help to present it. If you have a story or photos that you would like to share in the next edition, please email to editor@ausdocc.org.au
by 30th December 2020.

I hope that you are safe and well during this difficult time.

Enjoy reading
Cheers Margie

For more information about AusDoCC
visit www.ausdocc.org.au

Facebook support group - https://www.facebook.com/groups/ausdocc

Facebook support groups ADULTS –
https://www.facebook.com/groups/355338714574689/?fref=ts

Facebook page –https://www.facebook.com/AusDoccInc

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